



MAHATMA GANDHI UNIVERSITY
CENTRE FOR YOGA & NATUROPATHY
M.SC. YOGA & GERIATRIC COUNSELING
PROSPECTUS & SYLLABUS : 2026-27

1. NAME OF THE PROGRAMME

2. M.SC. YOGA & GERIATRIC COUNSELING

3. NATURE OF THE PROGRAMME

The program shall be regular and co-educational.

4. DURATION OF THE PROGRAMME

The duration of the programme shall be two academic years with four semesters. Each semester shall have 90 working days consisting 5 teaching hours for 5 days per week. The programme will be conducted in hybrid mode

ELIGIBILITY FOR ADMISSION

- i. Should have passed Any regular bachelor degree of any university recognized by UGC.
- ii. Age-No bar
- iii. Should be physically and mentally fit to undergo Yoga training.

5. NUMBER OF SEATS

Number of Seats: 50

6. SELECTION CRITERIA

The selection of candidates shall be based on the merit determined based on the following criteria:

i)	Marks of the qualifying examination	-	50 marks
ii)	Interview	-	50 marks
Total-			100 marks

7. MEDIUM OF INSTRUCTION AND EXAMINATION

The medium of instruction and examination of the course shall be English & Malayalam.

General instructions

1. Prospectus and application form can be downloaded from the Mahatma Gandhi University, Center for Yoga & Naturopathy website [www.https://cyn.mgu.ac.in/](https://cyn.mgu.ac.in/)
2. The candidates shall remit registration fee Rs.500/-to Hon.Director, Center for Yoga & Naturopathy SBI Account 67317447261, IFSCBIN0070669 along with application form.
3. The selected candidates have to remit the tuition fee and other fee for 1stSemester at the time of admission. There shall be a marginal increase of 5% in each financial year.
4. Submit the application on or before 21st July 2026.
5. The fee for the NRI students shall be 4 times of the fee in each semester.
6. For more details : 9447569925, 6238234076, 949712239

