



MAHATMA GANDHI UNIVERSITY
CENTRE FOR YOGA & NATUROPATHY
DIPLOMA IN YOGA AND NATURAL LIVING
PROSPECTUS & APPLICATION FORM: 2024-25

1. **NAME OF THE COURSE : DIPLOMA IN YOGA AND NATURAL LIVING**
2. **NATURE OF THE PROGRAMME:** The Course shall be full time regular and co-educational.

3. **DURATION OF THE COURSE**

The duration of the course shall be one academic year with two semesters. Each semester consists 200 hours of study with 16 credits. The diploma course shall be offered through online-offline mode. The offline classed will be conducted in the Mahatma Gandhi University Campus, Kottayam, Kerala, India.

4. **ELIGIBILITY FOR ADMISSION:**

- i. Should have passed HSC/+2/VHSC/10+3 Diploma/ or any other higher examinations recognized as equivalent by the Higher Secondary Board of Examination of the concerned State Government and Diploma courses recognized by Directorate of Technical Education of concerned State Governments.

- ii. Age-No bar

5. **NUMBER OF SEATS**

Since the Diploma course in Naturopathy is offered on hybrid mode the diploma course is open to all candidates from India and abroad irrespective of the numbers of seats subject to fulfill conditions laid down in the selection criteria in all respects.

6. **SELECTION CRITERIA**

The selection of candidates for admission to Diploma Course in Yoga and Natural Living shall be based on the merit determined based on the following criteria:

i. Entrance examination*	-	50 marks
ii. Marks of the qualifying examination	-	25 marks
iii. Interview	-	25 marks
Total	-	100 marks

* Entrance examination shall be multiple choice questions based on the knowledge of Health, basic anatomy and physiology, current affairs, Objective English. Candidates should score at least 40% in the selection tests to place in the rank list.

7. **MEDIUM OF INSTRUCTION AND EXAMINATION**

The medium of instruction and examination of the course shall be English / Malayalam.

8. DETAILS OF THE COURSE SUBJECTS

Semester I

Sl. No.	Subjects	Teaching hours Lecture/Practical	Credit
1	Philosophy and Basic Principles of Naturopathy	60 hours	4
2	Human Anatomy and Physiology	60 hours	4
3	Nature Cure Practical	80 hours	8
	Total	200 hours	16

Semester-II

Sl. No.	Subjects	Teaching hours Lecture/Practical	Credit
1	Therapeutic methods in Naturopathy	60 hours	4
2	Yoga Therapy	60 hours	4
3	Nature Cure cum Yoga Fieldwork/Project	80 hours	8
	Total	200 hours	16

FEES STRUCTURE FOR DIPLOMA IN YOGA AND NATURAL LIVING

Sl.	Fee Details	Amount in Rs.
01	Application Fee	50.00
02	Admission Fee	300.00
03	Tuition Fee (Two semesters)	10000.00
04	Library Deposit	200.00
05	Sports Affiliation Fee	100.00
06	Caution Deposit (Refundable)	500.00
07	Department Development Fee	1000.00
08	Student Affiliation Fee	100.00
09	Examination Theory Paper(4X40)	160.00
10	Practical Naturopathy (2X50)	100.00
11	Valuation Fee	100.00
12	Marklist Fee	50.00
	Total	12,660.00

General instructions

1. Prospectus and application form can be downloaded from the Mahatma Gandhi University, Center for Yoga & Naturopathy website www.https://cyn.mgu.ac.in/
2. The candidates shall remit registration fee Rs.500/- to Hon.Director, Center for Yoga & Naturopathy SBI Account 67317447261, IFSC SBIN0070669 along with application form duly filled in all respects should reach **on or before 15th November 2024.**
3. The fee for the NRI students shall be 4 times of the fee in each semester.



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APPLICATION FORM 2024 - 2025

1. Name : _____
2. Age & Date of birth : _____
3. Male/female : _____
4. Name of Parent/Guardian: _____
5. Address for communication: _____

- Pin Code _____
- Phone with STD Code _____
- Mobile: _____

Affix Passport size
Photograph

6. Community, Caste : _____
7. Whether belong to SC/ST/OBC/OEC/FCS specify the details and attach certificate, if any kind of concession is required : _____
8. Whether employed at present. If so, name & address of the employer
9. Annual Income: _____
10. Application & Registration fee: Chlan /DD/ No. dated for Rs
11. Details regarding the qualifying Examination passed :

Name of Examination	
Register Number	
Month & Year	
Name of the University/Board	
Name of language & Subjects	

12. Educational Qualifications:

Name of Exam Passed	Name of the University	Year of Passing	% of Marks	Remarks
SSLC				
HSC/+2/PDC				
UG				
PG				
Any other Qualification				

13. Details of Document Enclosed

1.	5.
2.	6.
3.	7.
4.	8.

14. Additional information if any

15. Undertaking

- 1) I hereby declare that the information furnished above are true and correct to the best of my knowledge.
- 2) I hereby declare that, if I am admitted, I shall abide by the rules and regulations of the University and Centre, that is in force from time to time

Place:

Signature of the Applicant

Date:

Signature of the Parent/Guardian

Enclosures:

- 1) Copies of the certificate to prove Age, Community, Educational qualifications with
- 2) Mark sheets.
- 3) Medical Fitness Certificate in the given format.
- 4) Chalan/DD/Transaction Details of Rs.500/- .

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner)

Certified that I have carefully examined Mr./Ms _____

son/daughter of Mr./Mrs/Ms _____

whose signature is given below and found that he/she is physically and mentally fit to undergo physical activities required for the Diploma Course in Yoga and Natural Living.

Identification marks _____

Signature of the Candidate _____

Place:

Date

Name & signature of the Medical Officer
with seal and registration number